

AGES 1-2	AGES 3-5	AGES 6-12	BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
½ C ½ SL ½ C ½ C	¾ C ½ SL ¼ C ½ C	1 C 1 SL ¾ C ½ C	MILK BREAD/BREAD ALTERNATE FRUIT/VEGETABLE/JUICE OTHER (OPTIONAL)	MILK WW TOAST ORANGE SLICES BACON	MILK DONUT HOLES APPLESAUCE	MILK CORN FLAKES BANANAS	MILK BISCUITS PINEAPPLE CHUNKS	MILK GRITS ORANGE SLI SAUSAGE PATTIES
			LUNCH/DINNER					
½ C ½ SL 1 OZ ¼ C ¼ C	¾ C ½ SL 1 ½ OZ ½ C ½ C	1 C 1 SL 2 OZ ¾ C ¾ C	MILK BREAD/BREAD ALTERNATE MEAT/MEAT ALTERNATE VEGETABLE/FRUIT VEGETABLE/FRUIT	MILK CORN DOG POTATO TOTS BAKE BEANS SLICED PEACHES	MILK RICE W/GRAVY GROUND MEAT GLAZED CARROTS PINEAPPLES	MILK FRITO PIE CORN/OR ON THE COB MIXED FRUIT	MILK SMOTHERED CHICKEN W/RICE & GRAVY GREEN BEANS SLICED APPLES	MILK DINNER ROL DICED PORK BROCCOLI PEAR HALVE
			PM SNACK					
½ C ½ SL ½ C ½ OZ	½ C ½ SL ½ C ½ OZ	1 C 1 SL ¾ C 1 OZ	MILK BREAD/BREAD ALTERNATE FRUIT/VEGETABLE/JUICE MEAT/MEAT ALTERNATE	APPLE JUICE CHEESE BREAD STICK	MILK BRAN MUFFIN	GRAPE JUICE OATMEAL RAISIN COOKIE	MILK PEANUT BUTTER COOKIES	MILK APPLE