

**ANNETTE'S DEVELOPMENTAL AND LEARNING CENTER
MENU WORKSHEETS**

CYCLE 2, WEEK 2

AGES 1-2	AGES 3-5	AGES 6-12	BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
½ C ½ SL ¼ C ¼ C	¾ C ½ SL ¼ C ½ C	1 C 1 SL ¾ C ½ C	MILK BREAD/BREAD ALTERNATE FRUIT/ VEGETABLE/JUICE OTHER (OPTIONAL)	MILK CINNAMON TOAST STICKS APPLE WEDGES	MILK HAM & CHEESE HOT POCKETS SLICED BANANAS	MILK BLUEBERRY MUFFINS APPLE SAUCE	MILK PANCAKE & SAUSAGE MIXED FRUIT	MILK WAFFLES ORANGE SLICES
			LUNCH/DINNER					
½ C ½ SL 1 OZ ¼ C	¾ C ½ SL 1 ½ OZ ½ C	1 C 1 SL 2 OZ ¾ C	MILK BREAD/BREAD ALTERNATE MEAT/MEAT ALTERNATE VEGETABLE/FRUIT VEGETABLE/FRUIT	MILK HAMBURGER BUN HAMBURGER PATTY FIRED POTATOES LETTUCE SALAD GRAPES	MILK RICE KIDNEY BEANS W/SAUSAGE TOMATOES/CUCUMBER MIXED FRUIT	MILK BREAD JAMBALAYA RICE W/SMOKED SAUSAGE GREEN BEANS PEACHES	MILK BEEF NACHOS LETTUCE/ TOMATO SALAD PINEAPPLE CHUNKS	MILK RICE & GRAVY SMOTHERED CHICKEN CORN PEAR HALVES
			PM SNACK					
½ C ½ SL ¼ C ½ OZ	½ C ½ SL ½ C ½ OZ	1 C 1 SL ¾ C 1 OZ	MILK BREAD/BREAD ALTERNATE FRUIT/VEGETABLE/JUICE MEAT/MEAT ALTERNATE	SALTINE CRACKERS PEANUT BUTTER GRAPE JUICE	MILK BOX OF RAISINS	MILK GRAHAM CRACKERS	FRUIT PUNCH POP TARTS	APPLE MUFFIN ORANGE JUICE