

AGES 1-2	AGES 3-5	AGES 6-12	BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
½ C ½ SL ¼ C ¼ C	¾ C ½ SL ¼ C ½ C	1 C 1 SL ¾ C ½ C	MILK BREAD/BREAD ALTERNATE FRUIT/ VEGETABLE/JUICE OTHER (OPTIONAL)	MILK TOAST ORANGE WEDGES	MILK BISCUITS SLICED PEACHES	MILK OATMEAL GRAPE JUICE	MILK APPLE CEREAL PEAR HALVES	MILK GRITS TOAST APPLE JUICE
			LUNCH/DINNER					
½ C ½ SL 1 OZ ¼ C	¾ C ½ SL 1 ½ OZ ½ C	1 C 1 SL 2 OZ ¾ C	MILK BREAD/BREAD ALTERNATE MEAT/MEAT ALTERNATE VEGETABLE/FRUIT VEGETABLE/FRUIT	MILK HOT ROLL CHICKEN NUGGETS GREEN PEAS MASHED POTATOES JELL-O W/ TOPPING	MILK TAMALE PIE TOSSED SALAD SLICED PEACHES	MILK SLICED BREAD FISH STICKS CORN PINEAPPLE TIDBITS	MILK HOT ROLL POTATO SALAD BBQ CHICKEN WINGS BAKED BEANS CAKE W/ICING GREEN PEAS	MILK BUNS SLOPPY JOES (BEEF) FRENCH FRIES CORN ORANGES
			PM SNACK					
½ C ½ SL 1 OZ ¼ C	½ C ½ SL ¼ C ½ OZ	1 C 1 SL ¼ C 1 OZ	MILK BREAD/BREAD ALTERNATE FRUIT/VEGETABLE/JUICE MEAT/MEAT ALTERNATE	ORANGE JUICE BANANA BREAD	RICE KRISPIES TREAT APPLE JUICE	ORANGE JUICE HAM SANDWICH	MILK SALTINE CRACKERS W/PEANUT BUTTER	MILK DONUT HOLES